

EMOTIONAL HEALTH & WELLBEING IN EDUCATION FRAMEWORK

IMPLEMENTATION PLAN

THEME 1: CURRICULUM RESOURCES					
Area of Support	Applicable to	Alignment to Framework	Detail	Lead Partners	Target ¹
CCEA Wellbeing Hub	All school staff Children and Young People	Wellbeing for All	Development and ongoing expansion of a bespoke and flexible Wellbeing Hub on CCEA website	CCEA DE PHA	Ongoing
THEME 2: TRAINING, CAPACITY BUILDING & SUPPORT					
EA Emotional Health and Wellbeing Team & Advisory Support <i>"Being Well Doing Well" Programme.</i>	All school staff	Wellbeing for All Early Support	Develop an integrated approach to emotional health and wellbeing within the EA via a core team with the specific aim of assisting schools to develop a whole school approach to emotional health and wellbeing; provide training & support for school staff.	DE EA HSCB / DoH	2021
"Best Practice" guide	All school staff	Wellbeing for All Early Support	Produce a guide for educational settings sharing existing best practice within settings	DE ETI EA	2022
Mental Health/Suicide Awareness training	All school staff	Early Support	Training programme to be delivered to all school staff.	PHA EA	Ongoing
Teacher Education	All Teacher Education Institutions	Wellbeing for All Early Support Enhanced Support	The agreed Framework will be shared with all Teacher Education Institutions for dissemination to trainee teachers. Engage with the Teacher Education Institutions to ensure emotional health & wellbeing is embedded within teacher training programmes.	DE	2021 2021

¹ Dates are subject to securing the necessary approvals

The Attach Programme	All school staff	Wellbeing for All Early Support Enhanced Support	Extension of the Attach Project which is a trauma & attachment informed, multidisciplinary, interagency relationship-based approach designed to support the team around the child.	EA	Ongoing 2021
Pilot of counselling in primary schools	All primary schools	Early Support	Pilot for all primary schools in Northern Ireland during the 2021/22 academic year.	DE EA	During 2021/22
THEME 3: EMPOWERING & SUPPORTING CHILDREN AND YOUNG PEOPLE					
EA Youth Service REACH Programme <i>Resilience Education</i> <i>Assisting Change to Happen</i>	All school staff Children and Young People Parents	Wellbeing for All Early Support	A universal/whole school support for pupils aged 6-19 with a focus on preventing/reducing mental health issues. This is building on the expertise developed through their existing and successful Facilitating Life And Resilience Education (FLARE) programme and will include targeted support for specific individuals and groups, with referrals coming directly from the educational settings, as well as capacity training for education staff to develop Resilient Schools, provided in conjunction with Ulster University.	DE EA	Ongoing
Enhancement of Health and Social Care Trust RISE Team support	Primary School Key Stage 2 Pupils/Staff/Parents	Wellbeing for All Early Support	Extend current services to KS2 with a focus on universal support and group work. Modified (single) criteria to be applied for any 1-1 work.	DE PHA EA	2021
School Nursing Services	Post primary Children and Young People	Wellbeing for All Early Support	(1) A secure and confidential <u>text messaging service</u> for young people aged 11-19, allowing young people to easily and anonymously get in touch with a school nurse for advice and support. Available to Monday-Friday, 9am-5pm including school holidays (with signposting information available outside these hours/days). (2) <u>Extension of existing Monkstown/Newtownabbey Pilot to all Trust areas</u> (proposal is based on 2 post	DE PHA EA	2021 2021

			primary schools per Trust) - It involves a Specialist Community Public Health Nurse with a school nursing qualification relocating into the identified school where they will deliver a range of innovative, transformational and pupil focused services, in conjunction with the existing core school nursing programme.		
CAMHS Emotional Wellbeing Teams in School (EWTS)	All primary and post primary (TBC)	Early Support	Dedicated teams will support education settings, acting in a consultative capacity, to promote the emotional wellbeing of children & young people, building individual & collective resilience and most critically intervene at the earliest opportunity. They will align with the existing RISE teams (but work beyond primary schools to KS3) as well as with the support provided by the EA.	DE PHA HSCB	2021
Nurture Provision	<p>Nurture Group: Children in P1 – P3 through identification under the Boxall Profile</p> <p>Nurture Approach in Education: All primary, special, post primary schools and Education Otherwise Than At School (EOTAS) settings.</p>	Early Support Wellbeing for All	<p>Nurture provision provides support to young children who are experiencing attachment related social, emotional and behavioural difficulties which, unaddressed, will prevent them from engaging in the learning process, putting them at risk of underachievement.</p> <p>31 Nurture Groups are currently operational alongside a whole school nurturing approach which applies to children in all educational settings.</p> <p>A new nurture programme was announced on 18 September 2020, to include the establishment of a further 15 Nurture Groups; a new 'Nurture Approach in Education' programme; and the establishment of a Nurture Approaches Support Service (NASS) in the Education Authority (EA).</p> <p>The new programme will enable those schools without a funded Nurture Group to avail of training and support in nurture approaches. The NASS in the EA will take this work forward.</p>	DE EA	<p>Current Provision ongoing</p> <p>New Programme to rollout during 2020/21 school year</p>

THEME 4: ENHANCED HELP SERVICES					
Agreed communication protocols between schools and support services	All children and young people	Enhanced Support Early Support	Agreed systems in place to promote holistic support for children and young people.	DE PHA HSCB	Ongoing
THEME 5: STAFF WELLBEING					
Area of support	Applicable to	Alignment of Framework	Detail	Lead Partners	Target Date
Optimising Achievement	School Principals and Leaders	Wellbeing for All	Extension of the Optimising Achievement Programme to all school principals and leaders, promoting emotional health and wellbeing through a coaching model of support.	DE EA	Ongoing
EA Wellbeing Strategy	All School staff	Wellbeing for All	This strategy aims to improve awareness and provide opportunities for staff to take action and invest in their own mental and physical health. Over the next three years, the EA aim to create a fully inclusive Health and Wellbeing culture that supports School Leaders, managers and staff when they need it most, promotes staff engagement and lives the EA values.	EA	Ongoing
THEME 6: MEASUREMENT OF WELLBEING					
Effective system of measuring wellbeing	All children and young people	Wellbeing for All	Set up a working group to consider the most effective ways in which to measure wellbeing of all children and young people, including implementation and ongoing assessment.	DE PHA DoH EA NISRA	2021
THEME 7: EVALUATION					
Evaluation of Framework delivery and outcomes	All children and young people/all educational settings	Wellbeing for All/Early Support/Enhanced Support	Design/commission a programme of evaluation to cover all programmes and services delivered through the Framework.	DE PHA DoH EA	2021

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